

New ADHD SUPPORT GROUP



LAUNCHING IN
JANUARY 2027



Connect
Share
Support
Belong
♡



ADULTS
WITH ADHD



PARENTS
OF CHILDREN
WITH ADHD



CARERS &
FAMILY MEMBERS



ALL WELCOME
NO DIAGNOSIS
NECESSARY



WEDNESDAY
6TH JANUARY 2027



7PM – 9PM



**Lyons Community
Centre, Luton**



**FREE PARKING
AVAILABLE**

FREE TO ATTEND!

ONCE A MONTH | IN PERSON | FRIENDLY & RELAXED